Better Than Duct Tape

Just how good a communicator are you? What is your native tongue – sarcasm? What are the behaviors in conversations that lead to verbal *silence* and verbal *violence*? In this session we'll check our communication skills to see how good we are at the creating a "path of understanding." We'll learn how to make it safe for others to speak their minds. We'll also learn how to say the difficult things and deliver our messages persuasively, but not abrasively. Everyone says the number one challenge in leadership is communication. Meaningful dialogue is the answer.

PURPOSE:

Develop conversation skills in relationships.

LEARNING OBJECTIVES:

- To understand the traps and habits that lead to unhealthy conversations.
- To understand the behaviors that increase trust in conversations.
- To learn how to build credibility and mutual understanding through healthy conversations.